

Selby Office

38 Ousegate, Selby, YO8 4NH

Our freephone telephone service is available
Monday to Friday 9.00 am to 4.30 pm

Face to face drop-in sessions are held on
Mondays, Tuesdays & Fridays 10.00 am to 12.30 pm

We can help you with specialist advice including benefits, debt, housing, employment, discrimination, family and relationships, utilities, and consumer.

Please call our free Adviceline if you are able to and help us keep our face to face service for those who need us most

Call our FREE Adviceline
0808 278 7900

the quickest way to speak to an adviser on any issue

You can access Foodbank Vouchers using this line



Scan for more local info



North Yorkshire Citizens Advice & Law Centre is a registered charity. Charity Registration No. 1146084. A Company limited by Guarantee in England Number: 7890996 Authorised and regulated by the Financial Conduct Authority FRN: 617621

Other ways to access our service

Online advice is available at [cany.org.uk](https://www.cany.org.uk)



Telephone numbers for our specialist services

Universal Credit - Help to Claim

0800 144 8 444 - FREE TO CALL

support with your first Universal Credit claim

Warm & Well in North Yorkshire

([cany.org.uk/warmandwell](https://www.cany.org.uk/warmandwell))

01609 767555 same cost as landline 01 and 02*

help with energy debt, switching suppliers, energy efficiency and emergency money for fuel top-ups

Homes For Ukraine

01757 600365 same cost as landline 01 and 02*

support for Ukrainian nationals, sponsors and family hosts

Citizens Advice Consumer Service

0808 223 1133 - FREE TO CALL

expert help with consumer problems

* just ask if you need a call back for any of our landline numbers

If you can't hear or speak on the phone use Relay UK to use our telephone services by dialling 18001 before any of our numbers. Visit the Relay UK website for more information.